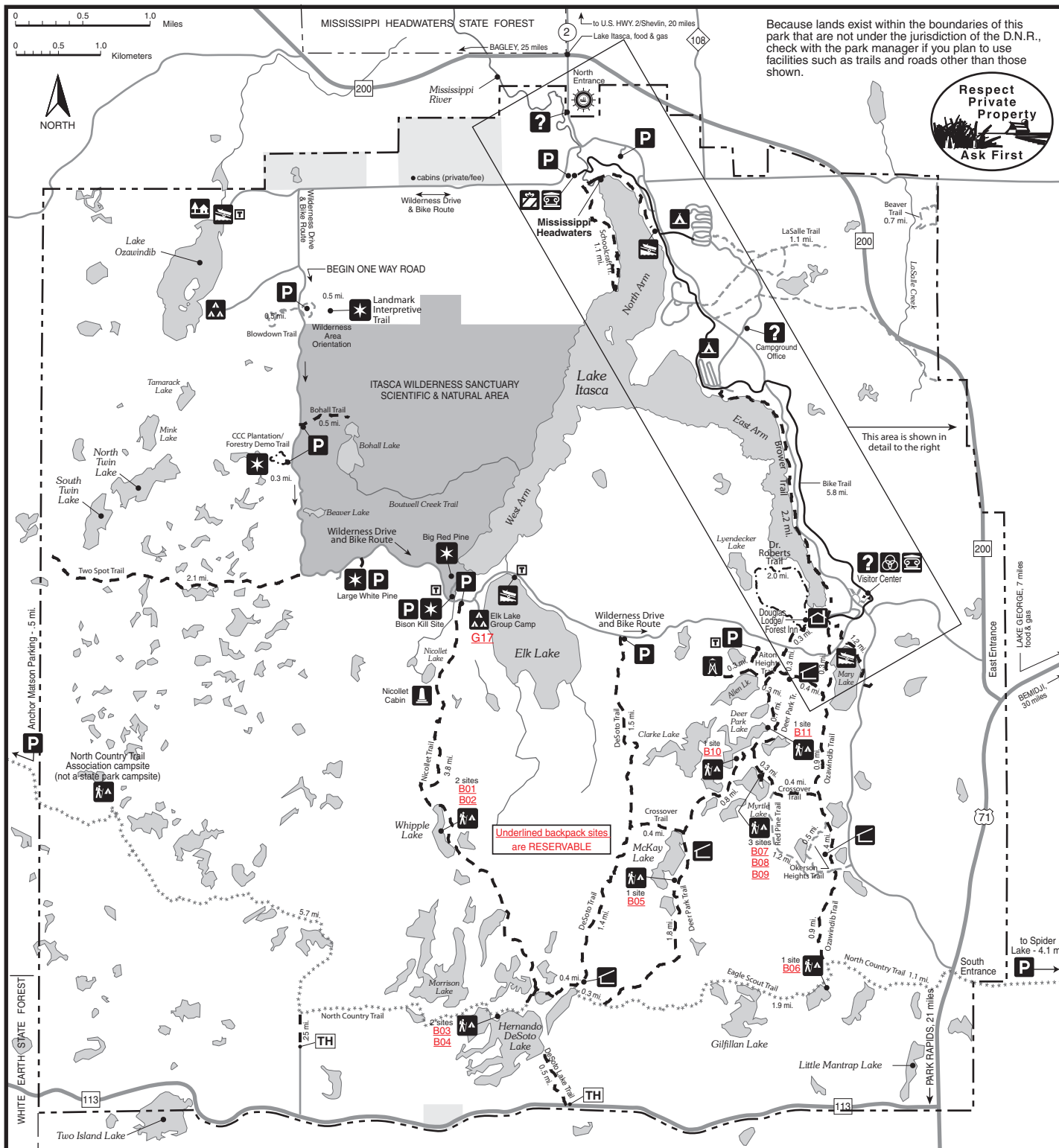


# ITASCA STATE PARK

## TRAIL DISTANCES

Aiton Heights	1.0 mi./1.6 k.
Beaver	0.7 mi./1.1 k.
Big Red Pine	800 feet
Big White Pine	200 feet
Bike Trail	5.8 mi./9.3 k.
Bohall	0.5 mi./0.8 k.
Blowdown	0.5 mi./0.8 k.
Brower	2.2 mi./3.5 k.
CCC/Forestry Demo	0.3 mi./0.5 k.
Deer Park	3.9 mi./6.2 k.
DeSoto	2.9 mi./4.6 k.
Dr. Roberts	2.0 mi./3.2 k.
Eagle Scout	2.6 mi./4.2 k.
Headwaters	600 feet
LaSalle	1.1 mi./1.8 k.
Landmark	0.5 mi./0.8 k.
Maadaadizi	0.5 mi./0.8 k.
Mary Lake	1.2 mi./2.0 k.
McKay Lake Crossover	0.4 mi./0.7 k.
Myrtle Lake Crossover	0.7 mi./1.1 k.
Nicollet	3.8 mi./6.1 k.
North Country Trail	9.4 mi./15.0 k.
Ozawindib	2.8 mi./4.5 k.
Okerson Heights	0.5 mi./0.8 k.
Red Pine	1.2 mi./1.9 k.
Sawmill	0.5 mi./0.8 k.
Schoolcraft	1.1 mi./1.8 k.
Two Spot	2.1 mi./3.4 k.

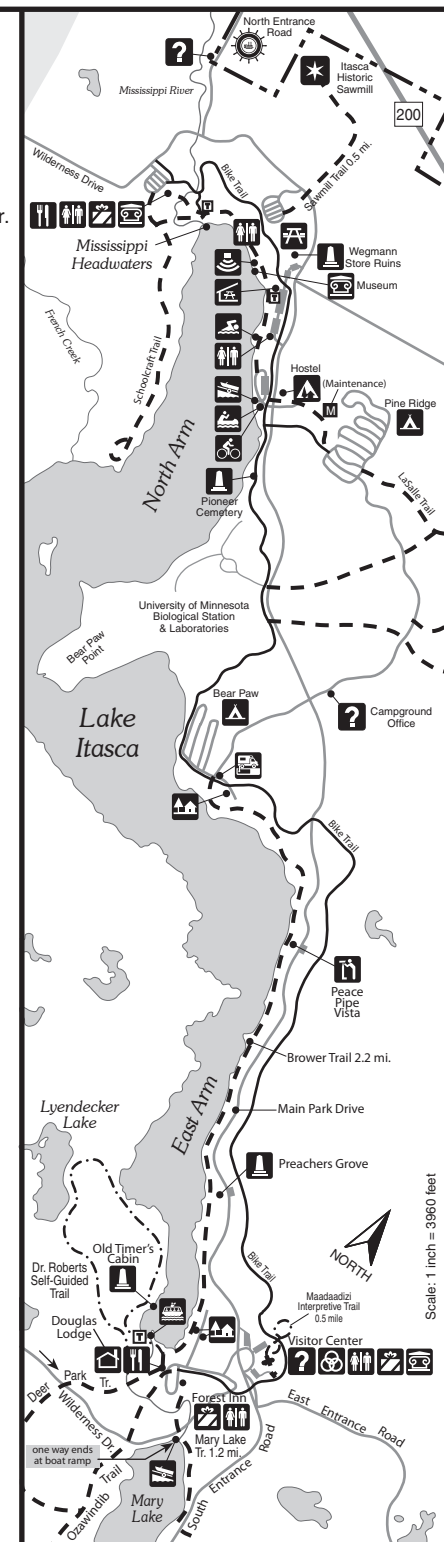


## SUMMER TRAILS

- Hiking (maintained)
- Primitive Hiking (occasional tall grass and fallen branches)
- Biking/Hiking
- Interpretive
- \*\*\*\*\* North Country Natl. Scenic Tr.
- ☀ Great Riv. Rd. Natl. Route
- TH Trailhead

## FACILITIES

- ? Information/Office
- ★ Point of Interest
- ⛶ Picnic Area
- 🏠 Visitor Center
- 🏊 Swimming
- 🚤 Boat Ramp
- 🚣 Canoe/Boat Rental
- 🚲 Bicycle Rental
- 📌 Historic Site
- 🏠 Shelter
- 🏠 Overlook
- 🏠 Observation Tower
- 🏠 Lodge
- 🏠 Cabins, Suites
- 🏠 Hostel
- 🎪 Amphitheater
- 🏠 Campground
- 🏠 Group Camp
- 🚐 Backpack Camping
- 🚐 Trailer Sanitation Station
- 🏠 Picnic Shelter
- 🏠 Parking
- 🏠 Exhibits
- 🏠 Gift Shop
- 🚤 Tour Boat
- 🚻 Restrooms
- 🚻 Toilet
- 🏠 Private Property
- 🚫 Public Use Prohibited





# ITASCA PARK STATE PARK

## FOR MORE INFORMATION

Itasca State Park  
36750 Main Park Drive  
Park Rapids, MN 56470-9702  
(218) 699-7251

e-mail: [itasca.statepark@state.mn.us](mailto:itasca.statepark@state.mn.us)

Department of Natural Resources  
Information Center  
500 Lafayette Road  
St. Paul, MN 55155-4040

(651) 296-6157 (Metro Area)  
1-888-646-6367 (MN Toll Free)

TDD (Telecommunications  
Device for Deaf)  
(651) 296-5484 (Metro Area)  
1-800-657-3929 (MN Toll Free)

Web: [mndnr.gov/parksandtrails](http://mndnr.gov/parksandtrails)

**ITASCA STATE PARK** is located 23 miles north of Park Rapids, Minnesota on U.S Highway 71 in three counties: Clearwater, Hubbard, and Becker. Highway map index: F-9.

**GENERAL DESCRIPTION:** At Itasca State Park, the mighty Mississippi River begins its 2,552-mile journey to the Gulf of Mexico. Established in 1891 to preserve remnant stands of virgin pine and to protect the basin around the Mississippi's source, this 32,800-acre park has become a famous natural and cultural landmark in North America.

**FACILITIES AND FEATURES:** *Mississippi Headwaters.* Here, 1,475 feet above the ocean, the

mighty Mississippi begins to flow on its winding way 2,552 miles to the Gulf of Mexico. Facilities include the Mary Gibbs Mississippi Headwaters Center, featuring a gift shop, restrooms, cafe and outdoor interpretive displays.

**Interpretive Programs.** Campfire programs, nature hikes, tours and children's activities are offered weekends and weekdays during the summer and fall, and periodically during winter and spring. Check park information boards, online, or ask for a copy of the current schedule at the office. Join in the fun!

**Pine Ridge Campground.** 155 campsites are available, 105 are electric sites. 4 modern toilet facilities with hot showers available mid-May through early October. In winter, camping is rustic, with pit toilets, and water available at the visitor center. WiFi Available.

**Bear Paw Campground.** 79 campsites are available; 68 are drive-in sites, 55 are electric and 11 are cart-in sites (300 yards or less). 3 modern toilet facilities, 1 with showers. WiFi Available.

**Jacob V. Brower Visitor Center.** Open year-round. Park information, rest-rooms, gift shop and interpretive exhibits. WiFi available in the lobby.

**Trailer Sanitation Station.** Located in Bear Paw Campground.

**Backpack Sites.** Eleven backpack campsites are available year-round with a 1 to 5 mile hiking distance into the southern half of the park.

**Lake Ozawindib Group Camp.** A semi-modern camp with staff cabin, dining hall and kitchen, modern toilet facility with showers, and tenting area.

**Elk Lake Group Camp.** A primitive camp with water, pit toilets, fire rings, picnic tables, small shelter with tables, and a tenting area.

**Historic Douglas Lodge.** Open Memorial Day through early October, the Douglas Lodge has been accommodating guests for over 100 years. It has a large, relaxing lobby with a stone fireplace, a dining room open to the public, and historic suites and guest rooms available on the second floor.

**Itasca Suites (four-season, six-plex).** One bedroom, sitting area, screened porch and kitchenette.

**Fireplace Rooms (four-plex).** Four log construction, motel-type units; each with 1 bedroom, sitting area, screened porch, bathroom, and fireplace.

**Itasca Clubhouse.** Constructed in 1911, the Clubhouse, with 10 rooms, lobby and porch, is rented for family reunions or group use during the summer and fall.

**Historic East Station Cabin.** Two bedrooms, living room, fireplace, bathroom and kitchen.

**Cabins.** One, two, and three bedroom cabins are located in the Douglas Lodge area. Housekeeping cabins are available in Bear Paw Campground.

**Douglas Lodge Dining.** Breakfast, lunch and dinner are served throughout the summer and fall. WiFi is available in the lobby.

**Gift Shops.** The Visitor Center, Headwaters and Forest Inn gift shops carry a broad mix of gifts, souvenirs, books and clothing.

**Picnic Area.** Picnic along Lake Itasca. A picnic shelter is available and can be rented for your exclusive use.

**Wilderness Drive.** This 10-mile, one-way scenic drive heads west from the Headwaters and ends near Douglas Lodge. There are many spectacular sights along the drive.

**Swimming Beach.** The park's swimming beach and changing house is located north of the Lake Itasca boat landing.

**Lake Itasca Tours.** Join your friends on a narrated naturalist tour of Lake Itasca aboard the privately operated "Chester Charles II" excursion boat. The boat departs from the pier below Douglas Lodge. Tickets are available for purchase at the pier.

**Boating, Canoeing and Biking.** Bring your boat, canoe, or bike or rent one on site. To rent boats for Lake Ozawindib, Elk Lake, Mary Lake, and Lake Itasca, check at the Itasca Sports Rental.

**Itasca Sports Rental.** Privately owned and operated. Located at the Lake Itasca boat landing. Offers a wide selection of rental equipment including: bikes, boats and canoes. Biking and fishing accessories are also available.

**Bike Trail.** A 5.8 mile, paved bicycle trail along the east side of Lake Itasca connects the Douglas Lodge area to the Mississippi Headwaters. For the full bike tour of Itasca State Park, continue around Wilderness Drive—another 10 miles of spectacular scenery.

**Mississippi Headwaters Hostel.** Located across from the boat landing on Main Park Drive. Offers clean, comfortable year-round accommodations. This facility is operated by Hostelling International.

This information is available in alternative format upon request.

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